## Food and health

(1) Think about it.

Which group do these belong to?

body-building foods

other foods you need


## (2) <br> Listen and read.

If you exercise hard, you will
need to drink more water.

## Look and say.

Find these in the pictures above. Then talk about them.


## 1 Read and answer.

## Check your health

1 How often do you eat fresh fruit?
a two or three times a week

b every day $\qquad$
c never $\qquad$

2 Which of these sports do you do once a week or more?
a fast walking $\qquad$ d swimming $\qquad$
b running __
e skipping
$\qquad$
c cycling _
f other exercise $\qquad$

3 Do you take sugar in hot drinks?
a always $\qquad$
b sometimes $\qquad$
c never $\qquad$


4 Is most of the fresh food you eat
a steamed? $\qquad$
b boiled? _
c fried? $\qquad$


5 How many chocolate bars or packets of sweets do you eat in a week?
a one or two $\qquad$
b more than five $\qquad$
c three or four $\qquad$


6 How often do you drink tea or cola?
a once a day $\qquad$
b two or more times a day $\qquad$
c never $\qquad$


## Ask and answer.

Talk about your answers.


3 Look and write.


## Uncle Bob's Health Dage

Are you ever worried before an exam? How do you feel before an important football match? Are you frightened to go to the dentist?

If you are worried or frightened, your body will react. If this happens again and again, you will feel very tired and tense. This is bad for you.

Deep breathing can help. If you are worried, you often breathe in short, sharp pants. Instead, breathe
deeply and slowly several times. If you do this, you will feel better. Do this before an exam or a race, for example.

Relaxing your mind can relieve stress. If you are frightened, you won't be able to relax. Try to think about something nice. Sit comfortably, close your eyes, and breathe normally. Think about a nice, quiet scene, such as a forest or a garden or a lake.

If you are worried or frightened, your muscles get very tense. This can give you headaches. A massage can help. Here is a massage you can do with a friend. Ask your friend to sit down on a chair. Stand behind the chair. Place your hands on your friend's shoulders and gently squeeze the muscles.

All of these things will help you if you are frightened or worried.

I can't sleep. I watch TV until very late and then I go to bed. But that doesn't help. I hate lying awake in bed. And I'm getting very tired. Can you help?

I'm very worried about my weight. Often I don't eat anything all day. Sometimes I only eat fruit. But still I don't lose weight. I'm afraid I love chocolate. I eat at least three chocolate bars a day. What should I do?

Linda

You don't exercise! If you exercised before bedtime, it would relax you and you would sleep better. And don't drink too much tea, coffee or cola. They can keep you awake.

## Can you help these readers and win a prize? Email your advice to unclebob@yourmag.com

## The best replies will be printed in next month's magazine.

## 1 Read and match.

Uncle Bob talks about three ways to help when you are tired and tense. Find them and write them under the correct picture.


## (2) Read and find.

... four occasions when someone might feel tense ... three quiet places ... a word which means

- at ease - in the usual way carefully and lightly
(3) Match.
1 worried $\qquad$
2 frightened $\qquad$
3 tense $\qquad$
4 tired $\qquad$
a stressed __
b anxious $\qquad$
c exhausted $\qquad$
d scared $\qquad$


## 4 Read and underline.

Find the advice that Uncle Bob gives to Joe and Linda ('If ...). Underline it.
5 Answer the questions.
Why would Joe sleep better if he exercised before bedtime?
Why shouldn't Joe drink too much tea, coffee or cola?
What would happen if Linda didn't eat so much chocolate?
What else could she do to lose weight?
What should Linda eat instead of chocolate?

## 6 Read and match.

Match these readers to their problems. Write the correct number in each box.
Complete the advice for each person.


## (1) Choose the correct verb.

Use these verbs to complete the sentences below.
build up stand up sit down look after cut down on come up with


If you ... your bike, you would be able to ride it.


You would be able to lift it if you ... your muscles,


Look and write.


## Whito-arep rap

Hey everybody, let's write a rap.
First there's a rhythm you'll need to clap.
Keep that rhythm and stay in time,
'cause a rap needs rhythm and a good strong rhyme.
The rhyme keeps coming in the very same place so don't fall behind and try not to race.
The rhythm keeps the tap on a regular beat and the rhyme helps to wrap your rap up neat.
'But what'll we write?' I hear you shout. There ain't no rules for what a rap's about.
You can rap about a robber, you can rap about a king, you can rap about a chewed up piece of string... (well, you can rap about almost ... anything!)

You can rap about the ceiling, you can rap about the floor, you can rap about the window, write a rap on the door. You can rap about things that are mean or pleasant you can rap about wrapping up a Christmas present.

You can rap about a mystery hidden in a box, you can rap about a pair of smelly old socks. You can rap about something that's over and gone, you can rap about something going on and on and on and on...

Tony Mitton

## 1 Think about it.

Which animals do these things come from? Match them with the animals.

comb

crocodile


fur coat

Arctic fox

ivory bracelet

tortoise

fur hat

leopard

## (2) Listen and read.

The blue whale, which is the largest animal in the world, weighs more than 200 tons. Even so, it is in danger. The humpback whale, which 'sings' in the water, is also in danger. People kill whales for food and for their oil.



Dolphins, which are related to whales, are found all over the world. Both whales and dolphins have very large brains. Dolphins sometimes swim into tuna fishing nets, which often trap and kill them.

The Arctic fox, which lives in northern countries, has two coats. Its warmweather coat is grey-brown. Its winter fur, which is very thick, is white. People kill Arctic foxes for their fur.



Elephants, which are the largest land animals, have very large brains. Their tusks, which are really very large teeth, are made of ivory. Because men hunt and kill elephants for their tusks, elephants are in danger.

## (3) Read and find.

How many facts can you find about:
whales? dolphins? elephants? Arctic foxes? fishing nets? tusks?

Find ...
... two animals which are very large.
... an animal with fur.
... three animals with large brains.
... an animal which 'sings'.

## (4) Think about it.

Why are these animals in danger?

Read, write and listen.
Read about crocodiles and pandas. Where do these words go? Listen and find out.

- which are eaten in some parts of the world $\qquad$
- which are made into beautiful belts, shoes and bags $\qquad$
- which only live in China $\qquad$
- which is the largest reptile $\qquad$
- which looks like a bear $\qquad$


The crocodile, 1 , is very fierce. Crocodiles lay eggs, 2 People also hunt them for their skins, 3 . The Nile and American crocodiles are disappearing.

The giant panda, 4 , has white fur with black circles around its eyes. Pandas, 5 , eat bamboo. People cut down the bamboo forests for wood. They also kill pandas for their fur. So the giant panda is in danger.

(2) Look, say and write.

In pairs, make sentences from the table, like this. Then write about each animal.



## (3) Look and write.

noun + who or which + verb

## non-defining relative clauses

Indian elephants live in Asia. Indian elephants have small ears.
Indian elephants, which live in Asia, have small ears.
People endanger animals all over the world. People kill whales for their oil. People, who endanger animals all over the world, kill whales for their oil. Hunters kill elephants for their tusks. The tusks are used for jewellery. Hunters kill elephants for their tusks, which are used for jewellery.

## The ink monkey

Until recently, people thought that the ink monkey, which lived in China, was extinct. The tiny monkey, which weighs just 200 grams, was the pet of Chinese scholars.

These scholars, who were very wise men, were known for collecting things. As well as brushes and ink and paper, which they needed for their work, their desks were covered with interesting things. They often kept pieces of jade and bone and wood, which they liked to touch. They also loved unusual trees and plants.

Ink, which has been known in China since at least 2000 B.C., was one of four important things for the scholar. The others were his paper, his brush and his bowl. Ink was made from many things, including gold, pearls, herbs and tree bark. The ink was made in sticks, which were often in the shape of a flower or fish. These sticks were decorated with gold trees, cranes, dragons and landscapes.

The ink monkey, which scholars used as a helper as well as a pet, usually lived on the desk. At night it slept in a drawer or brush pot. During the day it helped the scholar.

The monkey held the stick of ink and ground it in the bowl with water. As well as preparing the ink, the monkey passed brushes to the scholar. It also turned pages. It must have been very entertaining!

Now the tiny creature, which no one had seen for a very long time, has been rediscovered in south-east China. Would a Chinese ink monkey be happy in an office in the computer age?
or

## (1) Read and think.

Read quickly about the ink monkey. How did it get its name?
Can you think of a different title?
Read and match.
Find descriptions of these actions in the text.

(3) Look and find ...

Q... three interesting things on a scholar's desk.

a... three things that ink was made from.
 ... two places where an ink monkey slept. ... three things that ink monkeys did to help scholars.

a... three things that the ink stick was decorated with.

## (4) Can you remember?

- How long have people been using ink?
- Where did the ink monkey usually live?

What did the scholars use for writing?

- Where has the ink monkey been rediscovered?
(5) How many sentences can you make using which and who?

Ink monkeys, which ...
Chinese scholars, who ...
(6) Think about it.

How tall do you think the ink monkey was?
Think of something which weighs 200 grams.
Would you like to have an ink monkey for a pet?
What could it do in a modern office?

Listen to the poem and underline the important, stressed words.

Tell me, said the elephant,
Tell me, brothers, if you can, Why all the world is full of creatures

Yet we go in fear of Man.
Tell me, said the elephant,
Tell me why this has to be.
We have to run from Man the Hunter
Never safe and never free.
People kill without regret Although they fly by jumbo jet. Let the world of Man remember,
Let the children not forget ...

Now read the poem out loud.

(2) Think about it.

Who is the elephant talking to?
Who is he afraid of and why?
What should children remember?

## (3) Listen and say.

Listen to the children and complete what they say.


Well, many animals, like elephants, are endangered. $\qquad$ ?
$\qquad$

(4) Now you.

Ask and answer like Amy and Alex.


People aff over the worfd fove cats because they are beautiful and gentle. They are not expensive to keep, and they are very clean.

There are about forty breeds, or kinds, of cats. They come in many different colours, and can fhave short hair or long hair:

Siamese cats come from Thailand, where the weather is very hot. They have creamy white fur where their Godies get hot. However, the tips of their ears, tails, paws and noses are darker.

The Korat cat also comes from Thailand. This short-fiaired cat has large eyes and deep Gfue-grey fur. Because it looks like a rain cloud, people carry it in rain ceremonies, whien farmers sing and dance to bring rain.

Normal Thai cats have kinked tails. There is a legend which explains this. A Thai cat was sitting beside a
 bathing pond when a beautiful princess came afong. First the princess took off her rings and looked around. 'Where shalf I put these?' she asked. The cat heard her. It wanted to help the princess, so it helf out its tail. The princess put her rings on the cat's tail and went to bathe. The cat kinked its tail so that the rings could not fall off. And that is why Thai cats have kinked tails.

There are cats everywhere. There are cats in Egyptian tomb paintings and on coins from ancient Greece. There are cats in storics and pocms. Can you think of any cartoon cats or cat stories?


## Clothing and houses

Think about it.
Can you name these items? Do people wear them in hot or cold countries?


## Listen and read.

Mark is talking to his key pal, Petti, in Lapland.


That's good, because I don't have any skis ...
Look and say. What did Petti say about these items?


Listen and say.
Choose one of these countries to visit, then ask a friend for advice and write it down.

(1) Look and speak.

Samia and Sally are also key pals. Read Samia's email to Sally. What did Samia tell Sally to pack for a holiday in Jordan? What did she tell her not to pack?

## New Send Retrieve Addresses Attach file

Dear Sally,
You are coming to Jordan this summer. I am so happy! In the summer it's very hot here and we always go to the Dead Sea. We also go camping. Sometimes I go to visit my uncle in the mountains.
He has a horse, so we can go riding.
These are the things you should pack ...

## (2) Listen and check.


(3) Look, match and say.

Last month Buzz was on holiday in the desert. What do you think he said?
What advice did his friend give?

told ... to + verb


He told me that he was arriving on Friday.

1. Read and say.

Make statements about the pictures using 'because' and 'so that'.

In Switzerland there is a lot of snow.
Houses have long steep roofs.
Snow can slide off them in winter.


In big cities land is scarce and expensive. Buildings are built high into the air. Lots of families can live in them.


In Switzerland houses have steep roofs because there is a lot of snow. Houses have steep roofs so that snow can slide off them.

Read and find.
What are houses called in these places? What are they made of? Why?


## Arctic

In the Arctic it is very cold and the snow is very deep. The Inuit people build houses, which are called igloos, from blocks of snow. These houses are very warm!


## Sahara Desert

In the Sahara Desert nomads keep goats. Because of this, people live in tents made from woven goat hair. The sides can be rolled up to let cool breezes in.


## South America

In South America, some Indians live in adobe huts made of mud bricks. The roofs are made of grass and the huts are very cool.
(3) Think about it.

Make notes about the Sahara Desert and South America. How many statements can you make about each place? Write about one of them.

| Place: | Arctic |
| :--- | :--- |
| Weather: | cold, snow |
| People: | Inuit |
| Houses, made of: | igloos, snow |
| Comments: | houses are warm! |

(1) Listen and circle the correct word.


This is a
It belonged to a
It was made of
It probably had an enormous

The largest room was the
It was at the

fifteenth
butcher
wood
bed
grand
front
sixteenth
merchant
mud
desk
great
top

century house in England.
who probably sold wool.
and plaster.
in it because this was a very important piece of furniture at that time.
parlour.
of the house, on the first floor.

## (2) Listen and speak.

Listen to the children talking about the weather. What did they say?


## (3) Think about it.

Read these amazing facts about where people live.
Would you like to live in these places? Give your reasons. You can use the words in the box to help you.


In Brunei, the Sultan lives in the world's largest palace. It has 1788 rooms.

In crowded Hong Kong, some people live in wooden houseboats in the harbour.



The world's tallest block of flats is Lake Point Tower in Chicago. There are 70 floors, with 879 apartments.

## The mystery box (1)

The house was old and needed to be rebuilt. Tom's father had bought it because of the view across the river. It was also very close to town. But no one had lived in it for years. Although the walls were still standing and were strong, some of the roof had fallen in. Many of the windows were also damaged.

There was something else. Once, they had gone there and found all the doors open. And another time Tom thought he had heard footsteps on the floor above him.
'There's something strange about that house,' Tom whispered to Peter. Peter had been his best friend ever since they first met at school. At twelve years old, Peter was now taller than Tom, and famous for playing football. 'Manchester United,' Peter would say to Tom. 'That's who I'm going to play for.'

The two friends had come by bike to look at the house Tom's father had bought. It was early evening, and the sky was dark and full of clouds.
A wind was blowing from the hills across the river and the boys felt the cold air on their faces.
'Let's go in,' Tom said, as they walked round to the front door. 'Come on. It's empty. There's no one here. Anyway, it's my house now, so we can go in.'

The boys pushed the front door and it swung open.
'Let's look around. I'm going upstairs,' Tom said.

As he climbed the stairs, one of the steps started to move. Within seconds Tom's foot had gone through it. However, he was not hurt and was able to remove his foot without any problem.
'Wait,' Peter told him quickly. 'Look! Look at that!'

Under the broken stair they saw a small metal box.
'Quick. Get it out!' Peter said. 'Let's look inside.'
'No. Not here,' Tom said. 'There's something strange about this. Let's go back to my house and show it to my father.'

Peter reached his hand inside the stair and pulled out the box. 'It's heavy,' he said. 'Let's open it now.'

And then they heard footsteps outside the house. Through the window they saw an old man. He was standing on the grass and looking at the building. He was wearing a long, black coat and heavy boots.
'Quiet,' Tom said. 'He'll hear us.'
'And if we go, he'll see us.'

They waited on the stairs until they heard a sudden crack of thunder. Lightning flashed and it grew very dark. It started to rain. Fifteen minutes later the rain stopped and they looked out of the window again.
'He's gone,' Peter said. 'Come on. Let's go.'

They ran down the stairs and out of the house. As the door shut behind them, a shadow in the corner of one of the rooms moved, and there was the sound of feet on the stairs.
'Give me the box,' Tom said, as they got on their bikes.
But Peter was already riding off, and did not turn round.
'Give me the box! It's mine! I'll tell my dad!' Tom rode quickly after his friend, but Peter was faster and stronger and Tom could not catch him.
(Continued ...)


## Be: 路 <br> Looking for buried treasures

## (1) Think about it.

Treasures have been found all over the world. Some were buried hundreds of years ago. Since then many have been found and dug up. There are also many treasures in nature. Look at these treasures. Where were they found?
In rocks? Underground? Under the sea? In tombs? In treasure chests?

ancient vase

coral

turquoise

gold and silver coins

oil

emerald

pearl


## Listen and read.

For thousands of years, gold and silver have been highly valued. Both have been used to make money in the form of coins.


Diamonds are the hardest minerals. Most of them are mined in South Africa. For a long time diamonds have been used in rings.


Money doesn't have to be gold or silver. Teeth, stones and shells have all been used as money.

Emeralds and turquoise have been mined since ancient times. They are used for jewellery such as bracelets and rings.


This rock is shiny and looks like gold, but it isn't. Iron pyrites is often called 'fool's gold'.


3 Read and find.
What have iron pyrites and oil been called?
What have turquoise, stones, silver, teeth and emeralds been used for?
What treasures have been found in rock? in the sea? mined in South Africa?
Think about it.
Are there any special treasures in your country? What are they? Where have they been found?
(1) Look and say.

Gold has been used for: Gold hasn't been used for:

Shells have been used for: Shells haven't been used for:

Iron has been used for: Iron hasn't been used for:


## (2) Listen, match and speak.

Who is speaking? Draw lines from the bubbles to the people.
Can you remember what the others are saying?


I think you're wrong.


What do you think these are? Which do you think are the most beautiful?


3 Look and write.


## Buried treasure



## (1) Read and choose.

Which title is the best? Try to give a reason.

- The greatest pirate ever known - A very lucky pirate

The treasures of The Buzzard
Pirates

## 2 Read and match.

Find words in the text to describe these pictures.


## 3 Read and find ...

Q... two kinds of ship.
 ... the name of an island.
Q.... a kind of message. $\square$ ... the name of an ocean.

## (4) Right or wrong?

The Buzzard was from France.
The Buzzard died from sickness.
All pirates buried their stolen treasures.
A person who looks for buried treasures is called a 'pirate'.
The Buzzard drew a map in code.

## 5 Match and make sentences.

The Buzzard was going to die. However,
Despite The Buzzard's message,
In spite of the dangers,
Although people had tried to stop pirates,
many men were still pirates.
the treasures have never been found.
The Buzzard still robbed a Portuguese ship.
he still wrote a message.

## 6) Can you remember?

- What was Le Vasseur known as? Why?
- What country was Taylor from?
- What did pirates steal from merchant ships?

7 Think about it.
Where did pirates often bury their treasures? What would you do if you found some treasures?
(1) Read and say.

This is a coded message from Pirate Sam. It tells you where the treasure is buried. Can you work out the message?

> og hnort mfro eht kwrec. ntur twes ta eth gbi mpal etre. psto nwhe eth Iskul si no ryou trigh. igd

Draw an X on the map where you think the treasure is hidden.
What was the code that Pirate Sam used?
(2) Listen and check.

Now listen to the pirate and follow his directions on the map.
Did you draw an X in the right place?


## The mystery box (2)

When Tom reached home, he found his father and mother waiting.
'We've been worried,' his mother told him. 'We thought you were in danger of getting wet out there in that storm. All that thunder and lightning and rain. Where did you go?'
'Oh, I was with Peter. At his house,' Tom lied.
Tom's father looked at his son and said quietly, 'We must go up to that old house I bought and start work on it soon. What do you think, Tom?'


Tom said nothing, and was pleased when the doorbell rang. It was Peter, who stood in the doorway and waited for Tom to come out.
'You shouldn't have done that,' Tom said.
'I'm sorry. I know I shouldn't.'
Peter followed Tom up to his room.
'Where's the box?' Tom demanded.
'Here,' said Peter, taking the box out of his jacket. 'But I can't open it. It's been locked, and we don't have the key.'

Peter put the box on the table and both boys looked at it.

'I wonder what's inside,' Tom said. Then he picked it up. 'It's heavy. Maybe it's money. Or jewels. Rings, and things like that. I should tell my father.'
'I think we should try to open it,' Peter said. 'Maybe with a knife.'
'No, that would be wrong.'
'No, it wouldn't. Nobody knows about it, except for us.'
(Continued ...)

## Oceans and seas

(1) Think about it.

Here is a short quiz about oceans. Use the maps to help you.

1 What is the largest ocean? The smallest?

2 How many oceans are there?


3 Which ocean is covered with ice?

4 Name some things you can


5 What is the difference between an ocean and a sea?

## Listen and read.

We should take an interest in our environment.


Although we need oceans, we are a danger to


Oil spills are a big danger to animals. Oil can cover the feathers of birds so they can't fly. Tourists are also a threat to wildlife.


Oil tankers sometimes spill sticky, black oil into the sea, which harms many animals.


They cover 70 per cent of the Earth.

Yes, and tourists pollute beaches. Plastic bags trap animals and rubbish destroys animal homes.

How did the teacher ask:

- what the children knew about oceans?
- why oceans were important?
- how people polluted the ocean?

How did the children answer?

(2) Play a game.

Sit in a circle. Think of a message and whisper it to the person next to you.
Continue until the last person whispers the message back to you. Is it the same?

(3) Look and write.

## reported questions

This is a question.


Children, what do you know about oceans?
The teacher asked the children what they knew about oceans.
Why are oceans important?



Starfish are some of the most beautiful animals in our seas. However, starfish are slow and unintelligent. They usually have five arms, but some have as many as 44. If a starfish loses an arm, it can grow it again. Starfish cannot be eaten.

Jellyfish are also very beautiful but not intelligent. And some of them are dangerous. A jellyfish looks like an umbrella, with arms or tentacles. These will sting you if they touch you. Jellyfish are not good to eat.


The crab has a hard shell and ten legs. If it loses a leg it can grow it again. Some are very large (more than three metres across). The crab can live in fresh water as well as sea water and some live on land. Crabs can be eaten.

The squid does not have a shell. It does, however, have ten 'arms' or tentacles. Squids grow to an enormous size. In 1954 one was found in Norway that was nine metres long and weighed about a ton. The squid can get away from its enemies because it is very intelligent and very fast. You can eat squid.


The octopus, which belongs to the same family as the squid, has eight arms. It has a soft body and is very intelligent. It can change colour very quickly, so its enemies can't see it. When an enemy attacks it, the octopus releases black 'ink'. You can eat 'octopus in its ink' but it makes your teeth black!
(2) Read and write yes or no. Some questions cannot be answered.

|  | intelligent? | beautiful? | arms/ <br> tentacles? | legs? | shell? | edible? |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| starfish | no | yes | yes | no | - | no |
| jellyfish |  |  |  |  |  |  |
| crab |  |  |  |  |  |  |
| squid |  |  |  |  |  |  |
| octopus |  |  |  |  |  |  |

(3) Talk about the sea animals above.

How are they the same (... different)?
Like starfish, jellyfish are very beautiful.
Compared to starfish, squid are very intelligent.
Think about it.
What do these animals look like? I think it looks like a star.


## (1) <br> Listen and sing.



## Apusski dusky

In middle ocean,
Sardines are swimming,
Apusski dusky, apusskidu.
A boat sails over,
Down comes a net.
Apusski dusky, apusskidu.
One wise old sardine
Flicks out a warning,
Apusski dusky, apusskidu.
Swift through the water
They dart away.
Apusski dusky, apusskidu.
With tails a-flashing,
Sardines are swimming,
Apusski dusky, apusskidu.
So full of joy that
They're swimming free.
Apusski dusky, apusskidu.

## (2) Look, read and match.

Match the titles with the pictures and then with the words in the boxes. Can you make a sentence for each category?

| Endangered animals | Food and health | Oceans and seas | Clothing and houses | Buried treasures |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| 1 | 2 | 3 | 4 | 5 |
| vitamins exercise overweight stress | adobe huts goat hair tents igloos sandals | fish nets furs and skins ivory tusks hunters | fool's gold diamonds coins pirates | oil spills Atlantic tourist plastic bags |
| A | B | C | D | E |

# The mystery box (3) 

'It's money, I'm sure about it,' Peter said, staring at the box. 'We've got to open it. Come on, let's open it now. Get a knife and I'll do it.'

Tom shook his head and said, 'No'.
Outside, the storm started up again, and they could see the clouds moving quickly across the sky. Suddenly they saw the moon and it shone down brightly on the road outside the house.
The road was covered in water, and the moon
 was so bright they could see the houses and the cars in the water. Tom suddenly jumped back from the window.
'It's him!' he said. 'Him!'
'Who?' Peter asked.
'The old man in the long coat. The one from the old house.'
'Where?'
'Outside. Looking up at me.'
And then the doorbell rang.
A minute later Tom's bedroom door opened and his father came in. 'Hello, boys,' he said. 'You've got a visitor.'
The old man came into the room and looked at the box on the table. 'Ah,' he said. 'So there it is. Thank you, boys. Thank you.' He smiled at them and took a key out of his coat pocket.
'You see, when you have a box that is locked, you need a key.'
He picked up the box in his hand, and put the key into the lock. 'I used to live in that house, when I was a little boy, and I loved that place. I lived there with my mother and my sister. Now, my mother had a little box. This one, in fact, and one day my sister hid it, so no one could find it. My mother gave me the key, about thirty years ago now, and she said, 'Son, one day you'll find that little box. And so I have. Let's see what happens, shall we, boys?'
The old man smiled and turned the key, and turned it again, and again. And then the little box started to play music, such beautiful music that all of them in the room fell silent.
'My mother loved that music,' the old man said. 'And so do I. Thank you.'


Mark Ellis

## Ten @marzing animal facts



An elephant can hold 7 litres of water in its trunk. It's the only animal with four knees.


A pistol shrimp, only 50 mm long, has a pistol-shaped claw. If you put it in a jam-jar, it will snap its claw so loudly, that it will break the glass.


The animal with the largest eye in the world is the giant squid. Its eye can be 27 centimetres across.


Spiders spin webs. These are made of silk. Spider's silk is fifteen times finer than human hair, but it is stronger than steel. In New Guinea people use spider's webs to catch fish.


The longest rabbit's ears ever recorded measured 77 centimetres from top to bottom.


There is a fish in Malaysia which can climb trees. It has two fins which it uses like feet. It travels over dry land looking for insects to eat.


The largest fish in the world is the whale shark. It grows to about 12.5 metres in length and weighs up to 25 tonnes. But don't worry! It's harmless.


Only humans and some monkeys can see all the colours. Many other animals see the world in black, white and shades of grey.


Spiders have eight eyes!

## Why the dinosaurs disappeared

## (1) Think about it.

How did the dinosaurs die? Choose one of the pictures below. Then read on. Were you right?

drowned

crushed and buried (by falling rock)

poisoned by bad water

frozen

burned

## (2) Listen and read.

The dinosaurs were the largest land animals ever. The only larger animal is a sea animal, the blue whale.


The dinosaurs had been on Earth for 150 million years when they disappeared 65 million years ago. What killed them?



But there has always been one question that they couldn't answer. Why did the dinosaurs disappear?

In 1980, father and son scientists from America,
Luis and Walter Alvarez, suggested that a giant
In 1980, father and son scientists from America,
Luis and Walter Alvarez, suggested that a giant comet or asteroid had been the cause.

## 3 Read and answer.

- How long have scientists been studying dinosaurs?
- How long ago did dinosaurs disappear?
- What is a giant comet or asteroid?
- How long did dinosaurs live on Earth?
- Who are Luis and Walter Alvarez?
- What would have happened if an asteroid had hit Earth?


## 1) Read and match.

This is what would have happened if a giant asteroid had hit Earth. Match the sentences to the pictures. Then read them out, A - F.

A

B

C

D

E

F

Temperatures would have dropped.
There would have been earthquakes. $\qquad$
Lightning would have set the forests on fire. $\qquad$
Dust would have covered the sun.
Forests would have frozen and dried up.
There would have been tidal waves.
$\qquad$
$\qquad$
$\qquad$

## (2) Look, say and write.

Look at this diagram of what would have happened. Talk about it like this.


## (1) Read and find.

- What were scientists still looking for? Where did they find it? How did the dinosaurs die?

After 1980, scientists found more evidence for the asteroid theory. But they hadn't found the place where the asteroid had hit the Earth. It would be enormous!

Then, in 1990, oil company scientists discovered a hole off the Yucatan Peninsula of Mexico. It was about 65 million years old. They had found the hole!

This is what scientists think happened:
An asteroid or comet hit the Earth.
The ground shook and huge rocks fell.
There were huge tidal waves.
Dust covered the sun.
The skies became very dark.
The temperature dropped.
The forests caught fire.
Poison rain fell and flowed into the lakes and rivers.

So the dinosaurs were crushed, buried, drowned, frozen, burned and poisoned.


## (1) Look and find.

The dinosaurs disappeared 65 million years ago. Can you find these dinosaurs? Write the letters beside the dinosaur.


| A Dicraeosaurus | $[195-141$ MYA $]$ |
| :--- | :--- |
| B Diplodocus | $[185-65$ MYA $]$ |
| C Allosaurus | $[150-140$ MYA $]$ |

D Avaceratops
[100-66 MYA]
E Triceratops
[72-65 MYA]
F Tyrannosaurus Rex [67-65 MYA]
[MYA = million years ago]

## (2) Listen and write the number.

## 3 Read and match the descriptions to the pictures.

1 Diplodocus had a long neck.
2 Allosaurus had big teeth and a wide jaw. It had small arms and hands.
3 Triceratops had horns and a beak.
4 Hypsilophodon was small and very fast.


5 Stegosaurus had spikes on its back and tail.

## (4) Read the text and name an example of each type.

Different dinosaurs could do different things. For example, some dinosaurs could control their body temperature through spikes. Some could eat the leaves from tall trees, some ate the leaves from lower plants and others ate meat. Some could only walk on four legs and others could hold their prey. Some could fight off their enemies and others could run away from them.

## (5) Talk (or write) about it.

Make statements about the pictures, like this.
 on its back, it couldn't have controlled its temperature.


## DNOSAURS

Tyrannosaurus Rex was about as long as four cars and as tall as the tallest giraffe. It weighed about the same as an African elephant. It ate meat and it liked to eat other dinosaurs!

## Dinosaur facts

- Name: Tyrannosaurus Rex
- Size: 14 m long and 5.6 m high
- Food: meat
- Lived: 67 million years ago in North

America and maybe South America


Avaceratops was about as long as a VW car. It ate plants and its mouth was like a parrot's beak. It wasn't as tall as a man.

## Dinosaur facts

- Name: Avaceratops
- Size: 2.5 m long and 1 m high
- Food: low plants
- Lived: between 66-100 million years ago in North America


Diplodocus was one of the longest dinosaurs. It had a very small head and a very long neck. It fed on high trees.

## Dinosaur facts

- Name: Diplodocus
- Size: neck 8 m long; body 5 m long; tail 14 m long
- Food: high trees
- Lived: 140-150 million years ago, in many places


Stegosaurus had a very small head and a very large body. It had a smaller brain than many other dinosaurs. It ate plants and lived in North America.

## Dinosaur facts

- Name: Stegosaurus
- Size: 7.5 m long; weight 1.8 tonnes
- Food: plants
- Lived: 140-150 million years ago in North America



## How much do you know about dinosaurs?

Answer the questions. Were you right? Read the boxes and find out.


Dinosaurs lived on the Earth for 150 million years. But people have only lived on the Earth for three million years.

1 Which dinosaurs lived longest?
a) large dinosaurs
b) medium dinosaurs
c) small dinosaurs

2 How long did a dinosaur live?
a) between 10 and 20 years
b) between 30 and 70 years
c) more than 100 years

3 Where did dinosaurs live?


Dinosaurs lived on land. They went in the water, but they didn't live in the sea all the time like whales.


The biggest dinosaur was probably Seismosaurus. It was as long as one and a half tennis courts. It was heavier than nine African elephants.
a) on land
b) in the sea
c) in the air

4 Which dinosaur was the largest?
a) Seismosaurus
b) dinosaurs with long neeks
c) dinosaurs with short necks

5 Which dinosaurs ate high trees?
a) Tyrannosaurus Rex
b) dinosaurs with long necks
c) dinosaurs with long legs

6 Which dinosaurs ate plants?
a) dinosaurs with short legs
b) dinosaurs with big heads
c) dinosaurs with long necks

7 How long have people lived on the Earth?
a) 3 million years
b) 1000 years
c) 1990 years


Dinosaurs probably lived for between 30 and 70 years. That's the same as a man or woman.


Large dinosaurs probably lived longer than small ones.


Many dinosaurs didn't eat meat. Dinosaurs who ate plants had short legs and dinosaurs who ate trees had long necks.

## 6 I wish ...

(1)
Think about it.
These are things people would like to do, but they might not be able to. What are they?

(2) Look, listen and match.

(3) Read and match.

I wish I could go to the Olympics. $\square$
I wish I could play chess. $\square$
I wish I knew more about computers. $\square$
I wish I lived in the country. $\square$

I wish I was a better football player. $\square$ I wish I was taller. $\square$ I wish I didn't have spots. I wish I had a mountain bike. $\square$

## (4) Think about it.

Choose four beginnings (one of each colour) and write four wishes.
Talk about your wishes. Who has the same wishes?
(1) Listen, point and say.

(3) Look and write.



## 1 Read and match.

Read the poem and match the pictures to the rabbit $\qquad$ or the lark $\qquad$ or both $\qquad$ .

## 2. Read and find...

Q. three adjectives which go with 'sky'.

Q. four adjectives which go with 'under the ground'.

$Q$... something Lark does do/doesn't do. something a Rabbit does do/doesn't do.

3 Find the words for these. (The first letter is bold.)

- talk to each other (h cta)
- not together ( $\mathrm{p} \boldsymbol{a}$ atr)
- agree to (t tesel)
- a high place ( i h |)
- lots of (p e y tl n)
- lark (longer word) (k s a I rky)
- dig a hole in the ground ( $w$ o b u r r )


## Poems

These words rhyme (sound the same) and some letters are the same: dark, lark. Find six more pairs and underline the letters that sound alike.

There are seven verses in the poem. How many lines are there in each verse? Which lines rhyme (1 and 3 or 2 and 4 )?

## 5 Opposites

Which word is different? up under over above on top of
Draw lines between the opposites.
over sunny ground

## 6 Read and say.

Which do you think is a better place to live, under the ground or up high? Why?
(7) Answer the questions.

Were the rabbit and the lark friends?
Where does the rabbit want to live? The lark?
Why do they meet on a hill? What do they do?
8 Think about it.
Which is the best title?

- Rabbit and Lark
- On top of the hill
- Over and under
- Won't you live with me?

Look, read and match.
Look at the pictures and use words from the box to complete the story.


Uncle Bob took me waterskiing last week. First, $\qquad$
$\qquad$ -.


I was waterskiing for the first
 time,


And until my leg gets better,
my friends will laugh at me,' I thought.
$\qquad$ .


Before I went, $\qquad$
$\qquad$


After I had broken my leg,

I hadn't had any lessons.
we drove to the beach.
'When I get home,
when I broke my leg!
I won't be able to play football.

I couldn't do anything.

## (2) Think and write.

Write Mark's story from your point of view. Begin like this: 'Mark said he wished he could ...'
(3) Listen, and speak.
I wish it wasn't so hot! Agree Disagree Suggest
So do I!
Actually, I like the heat.
Ohy come on. It's not that bad.
It is hot, isn't it?
I'll open the window.


These are some of the percussion instruments played by the Scottish musician, Evelyn Glennie. She is the first classical musician to work as a solo percussionist. When she travels to a concert she takes up to 2 tonnes of percussion instruments with her. That's the weight of an Indian elephant!

It takes 4 hours to set up her instruments for a concert and 2 hours to take them down again.

Percussion instruments include anything that can be hit, plucked, shaken or scraped to make a musical sound. Instruments like xylophones and tubular bells have many different notes. They can be used to play tunes. Most drums,
 tambourines, maracas and wood blocks are used to play rhythms.


Since she finished her studies in London, she has played with orchestras in the biggest concert halls in more than 40 countries in 5 continents. She has worked with many famous conductors. She gives more than 100 performances every year. She has made recordings of her music, written a book about her life and starred in a film, playing her own music.

She is particularly interested in helping deaf children to learn, play and enjoy music. She herself has been profoundly deaf since the age of twelve. But for her, her deafness is not important. 'I simply hear in a different way to most people,' she says. are kitchen utensils!

Evelyn Glennie also designs her own instruments and is always looking for interesting materials to make them from. One composer wrote a piece of music especially for her It is called 'My Dream Kitchen'. All the instruments in the piece

Evelyn was born in 1965 on a farm in north east Scotland, in the north of Britain. She played the harmonica and clarinet as a child. When she was twelve she discovered the snare drum and decided to become a professional percussionist.


## 国 <br> 5星 KI <br> Looking into the future

## (1)

Think about it.
Do you think any of these things will be different in the schools of the future?

blackboard

teacher

book

desk

school dinner

field trip

## (2) Listen and read.

This is what some children think will happen.



We won't need books or paper. But we will need goggles. We will be able to 'see' history and science. We will be taken on field trips to outer space and we will learn about other planets.

## (3) Read and say.

Name three things that will be different in the schools of the future. Explain how.
Name three things we will or won't need to do in the future.

## 4

Think about it.
Do you agree with these statements? Ask and answer, like this.
$\square$ I don't think so. I think we'll only have computers.

> I think they will. Books will still be used.

Books won't be used any more.

Animals will be taught to speak.

Teachers will be helped by robots.
(1) Look and write.

What do you think will happen in the future? Use the pictures to help you.
How will people be housed?
by voice-operated
computers
(2) Listen and speak.

These children are giving opinions. Listen and say the missing words. Then say what you think.


## (1) Read and think.

Read the newspaper article from the future.
Do you think it could really happen? Why or why not?

## Planet Earth: Everyone must go!

A warning was given yesterday by the Health and Safety Department. The Earth will need to be emptied of people over the next ten years.
'Everyone must go,' said Robo-Doctor, Mr X. 'All of the Earth will be needed for farmland. Otherwise, we will all starve.'

## But where will we go?

Some people will be moved to gigantic space stations, such as Earth II, III and IV. Others will be taught to live on friendly moons and planets,
such as the Moon and Mars. People will also be taught to live underwater. They will live in huge underwater cities. At first they will be fed mostly on seaweed and fish.

Some planets will be used for agriculture, and farming will be done by robots. But don't worry. You can still see your family and friends. We will travel to other cities through underwater tunnels or on solar-powered spaceships.

## (2) Read and say.

Make statements about these in the future:


Earth will need to be ...


People will be ..


Planets will be ...

## 3 Listen and write.

I still remember $\qquad$ Space Station Earth III. My father said, 'Don't forget $\qquad$ your space helmet.' My mother said,
'Remember $\qquad$ your grandmother.' I'll never forget my space suit for the first time. It was so uncomfortable!


On the way to Earth III, we stopped $\qquad$ Space Station Earth II. We didn't visit Earth I. People had stopped $\qquad$ there some time ago. Now it was an agricultural station. The whole station was farmed by robots. Even the cows were robots!

When we arrived on Earth III, I tried $\qquad$ everything, but it wasn't always possible. Have you ever tried $\qquad$ seaweed ice cream? It's terrible!


Look at the picture and say all the things which will and won't be done by robots. Use the words in the boxes to help you.

Helicopters will be flown by robots.
Yes, but taxis will still be driven by people.


| helicopters | taxis | fly | drive |
| :--- | :--- | :--- | :--- |
| clothes | dogs | sell | walk |
| food | bread | cook | bake |
| football | babies |  |  |
| windows | lawn/grass | wash | look after |

(2) Read, find and say.

Who or what are they talking about? Find it in the picture above.


## Perepes rece

Peter had been ill for nearly three months, and no one thought that he would run again in the race across Black Mountain. The mountain rose nearly one thousand metres, and often the top was covered in clouds. Small rivers ran down its sides and you could find sheep and horses at the bottom.

Peter had been the fastest runner in the school, faster than anyone for fifty years. He could run for miles and miles, and no one could catch him. Then, at the age of twelve, he had become sick and had to stay in bed. The race at Black Mountain was in June, and in early May Peter lay in bed and looked out of the window.
'I'm going to get better,' he said to himself, 'and I'm going to run across Black Mountain.'

Early one morning he got out of bed. It was cold, and there was a wind. He opened the door of his house and walked into the garden. He breathed in deeply. In the distance he could see the mountain, and the cloud sitting on its top. 'I'm going to run across you,' he said quietly. 'Nothing will stop me.'

Every morning he got up early and each day he walked a little further from the house. His parents watched him, and his father said, 'You must be careful, son. You've been ill for a long time.'

Peter smiled at his parents.
Alone, he started to run again. He went back to school, and after school he started to practise.

One evening he went to his father and said, 'I can run again, father. I want to run across Black Mountain in the race.'

So his father practised with him, and together they ran in the evenings, miles and miles, across the lower part of the mountain.

The race was on a Saturday.
On the day of the race hundreds of people from the villages nearby came to Black Mountain. Buses and
 coaches parked in the car park. More than fifty people entered the race. Many of them were much older than Peter. Some were in their twenties, strong men, who worked on the farms and in the town.

The race at Black Mountain was long - nearly seven miles. Peter had first run in this race the year before, when he had been only eleven. In that race he had come third. The winner had been twenty-one, a baker from the town. A teacher had come second.

At the start of the race Peter could see that the baker was there, and so was the teacher. The reporter from the local newspaper was there, and as the race started, Peter saw that he was taking photographs.

Peter looked in front of him at the big mountain. As he started to run, he felt strong. His feet moved quickly and he ran hard. He passed the sheep in the fields at the bottom of the mountain, and he ran across the small rivers that ran down it. He did not look back. He breathed in deeply and said to the mountain, 'Let me run across you faster than the others. Let me run across your grass and your rocks and across your rivers. Let me win.'

Over the first three miles the baker from the town ran beside him. 'Slow down, boy,' he said. 'You've been ill. You shouldn't run.'

But Peter kept running. And he ran even faster.
His feet were wet from the rivers and his legs were black with mud. Rabbits ran in front of him when he jumped over the small rocks. 'Come back,' the teacher shouted. 'You've been ill.'

Peter smiled and shook his head, and ran on. He ran in front of the others, running faster than ever before. He loved the mountain, its rocks and rivers and rabbits.

As he ran, he heard a noise in the air, louder than a hundred birds. It was a helicopter, which came down close to him. As it came closer and closer, a man leaned out from the helicopter with a camera and said, 'Run, Peter, run. You're on television.'

And so Peter ran on, across Black Mountain. And on television, more than a million people across the country watched the twelve-year-old boy, who got out of his sick bed to run across a mountain and win a race.

## What did they say?

Think about it.
You are now at the end of Book 6 of Way Ahead! How many characters can you remember? How many topics? Which were your favourites?
(2) Read and say.

What are they saying? Make notes. (If you can't remember, you can look back.)


## 3 Ask and answer.

What did Joe ask Sally?
In his dream, what did Alex say?

He asked her where Samia was from. He said ...

## 1) Can you remember?

You have learned the names of many animals, places, foods and sports.
How many can you remember?


## (2) Play a game.

Look at the pictures and play the game.


(3) Quiz.

How many of these words can you remember? Listen and check; then add up your score.

| $\mathrm{P}\{2\}$ | $\mathrm{Q}\{1\}$ | $\mathrm{R} \leq 4$ | S | 5 | T | 4 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |

By now you have learned a lot of English. But how much do you know about the English language? Here are some facts you may not know.
More people speak Chinese than any other language. But English is second. About 325 million people speak English as a first language, or 'mother tongue'. Another 325 million people speak English as a second language. And of course there are many millions of learners of English.
English has taken or 'borrowed' words from many other languages: from Latin and French, from Greek and Arabic. Here is an example of how French words came into English.

France ruled England in the eleventh century. At that time, the English were farmers. They looked after the animals. But they were too poor to eat them. Only the rulers, the French, were rich enough to eat meat. Because of this, the word for the animal is English. But the word for the food is French. Look at these examples.


These words come from other countries.


Many words sound almost the same in many languages. For example: soap (English) savon (French) sabun (Arabic) sabu (Thai) sahpoonee (Greek)
Some English words are used in other countries, such as:


More facts about English:

- $\frac{3}{4}$ of the world's mail is written in English.
- $80 \%$ of computer information is in English.

English is the official or semi-official language in 60 countries.
English has a very large vocabulary - maybe the largest in the world.

- English is the main language of these:

airports and control towers

shipping

science and technology

pop music


English has many words which sound like their meanings. Look at these.

quack

miaow

pitter patter

achoo!

## (1) Read and find.

What is the text about? How far did you have to read to find the answer?
Choose a title from below. Now look quickly through the text. Will you keep the same title?

- The English language
- English as a world language
- Why learning English is important
- Facts about English
- English - the language of millions


## (2)

Look, find and say.
Find the parts of the text which describe what is happening in these pictures.


## 3 Read and find ...

Q ... as many languages as you can.
 ... another word for 'borrowed'. three words which mean 'soap'. . another word for 'mother tongue'.

Q. when France ruled England. ... which language the word 'sugar' comes from.

## Answer these questions.

- Which language is spoken by the most people?
- What language do 650 million people speak?
- What language do air traffic controllers speak?
- Why are there different words in English for some animals and their meat?
- How many languages can you name? Where are they spoken?



## (5)

## Speak and $\boldsymbol{\checkmark}$.

Say these words. Which ones do you think sound like their meanings?

cuckoo $\qquad$

hiss $\qquad$

bubble $\qquad$

blob
(6) Think about it.

Name one or two new facts that you have just learned about English. What did you already know? Did anything in the text surprise you?
What is your mother tongue? What word describes English and you?

- first language
- second language
- learner


## (1) Listen and say.

1 You can't make a turtle come out, You can't make a turtle come out, You can coax him or call him or shake him or shout,
But you can't make a turtle come out, come out,
You can't make a turtle come out.
2 If he wants to stay in his shell, If he wants to stay in his shell, You can knock on the door, but you can't ring the bell, And ...

3 So you'll have to patiently wait, So you'll have to patiently wait. And when he gets ready, he'll open the gate, But ...

## (2) Listen and match.

Thanks for everything.

I've really enjoyed knowing you.

Take care of yourself!

What are your plans for the holidays?

Have a good holiday.

Don't forget to send a postcard.

Come and see me when you have the chance.

See you next year.
4 Be kind to your four-footed friends, Be kind to your four-footed friends, A poke makes a turtle retreat at both ends, And ...

5 And when you forget that he's there, And when you forget that he's there, He'll be walking around with his head in the air, But ...


Thanks. You too.

Don't worry. I won't.

I haven't got any plans yet.

Yes! See you!

Thanks. I'll do that.

That's okay.

Don't worry. I'll be fine.

Me too!

# Aesop's fables 

These are two of Aesop's fables. Read them and match them to these morals.
Moral: People who are too proud may be sorry later.
Moral: If you try hard enough, you may find you can do something that at first seems very difficult.

Moral: Beware of people who say nice things which they do not mean.

## The raven and the jug

A big, black raven wanted a drink. 'I wish I had a drink,' she was thinking, when she suddenly saw a big jug with water at the bottom.
But she couldn't reach the water. 'What can I do?' she wondered.
'I know,' she said. 'I shall put some stones in the jug. Then the water will come up to the top.'

So she flew off, and after a time she came back with a stone. When she put it in the jug, the water rose a little. Then she brought another stone and put it in and the water rose a little more. She put more and more stones in until the water came up to the top of the jug.
'Now I can reach the water,' said the raven. 'And at last I can have a drink. So she had a very long drink indeed.


## The tall tree and the small bush

Once there was a tall tree high on a hill top. This tall tree stood high and proud and it always looked up at the sky. One day the wind came and made the fir tree bend down. For the first time the tall tree saw a small bush, which was growing near by.
The tall tree looked at the small bush and said, 'Look at me. I am tall, strong, graceful and very beautiful. What good are you? You are small, ugly and untidy.' This made the small bush very unhappy because it knew the tall tree was right. 'I wish I was tall, strong, graceful and beautiful too,' it thought as it looked up at the moon that night.
But the next day some men came up the hill. They were carrying axes. When they saw the tall tree, one said to the other, 'This is a beautiful tall tree. Look how high and strong it is.'
The other man agreed. 'Yes, it is. It would make a wonderful new house.
Let's chop it down!'
'Oh dear, cried the tall tree,' as it started to fall. 'I wish I was a small bush. Then the men would not have cut me down.'

## Grammar round-up

## (1)

## Present perfect and past simple



Has he ever washed the windows?

## Present simple and present continuous




## 3

## Past continuous

I was washing the clothes when I saw smoke.


After their stove had exploded ..

He hadn't turned the stove off before he went to bed!
... we called the fire department!

## (5) Present perfect continuous



They didn't do anything!


## 6 Present continuous passive




## (7) 'going to' and 'will' future



## Modal verbs



## Defining relative clauses



## (10) First conditional



Non-defining relative clauses

(12) Reported speech


## 13 Present perfect passive



Has Jeremy ever been sent to jail.


## 14 Reported speech



Why are so many animals dying?


## 15 Third conditional



## 16 Wish



## 17 Future passive



## Irregular verbs list

| Infinitive | Past simple | Past participle |
| :--- | :--- | :--- |
| beat | beat | beaten |
| burst | burst | burst |
| freeze | froze | frozen |
| hurt | hurt | hurt |
| keep | kept | kept |
| meet | met | met |
| rise | rose | risen |
| send | sent | sent |
| shake | shook | shaken |
| spend | spent | spent |
| sting | stung | stung |
| swim | swam | swum |

## Word list

These words appear in Pupil's Book 6 in addition to the words on the dictionary pages.

Unit 1
aeroplane
Amman
Disneyland
Jordan
met
parcel
receive
sign ( $n$ )
visitor
Unit 2
ancient
Blue Nile
craft ( n )
Ethiopia
flax
growing
Khartoum
leeks
linen
Memphis
onions
oxen
plaits
plough ( n )
ploughing
pomegranates
poor
rich
sandals
scribe
shaved
still (adv)
Thebes
trade
Uganda
White Nile

Unit 3
Boston
burst (v)
calmly
congratulations
downtown
enormous
explode
explosion
flow (v)
gently
huge
injure
lamp-post
massive
nightmare
pad ( n )
press (v)
really
sticky
terrible
terrific
tin
tragedy
treacle

Unit 4
Argentina
author
beetle
believe
boy
brilliant
cabin
captain
century
cowboys
discover
Dubai
expedition
explorer
extremely
gauchos
Iran
Lake Victoria
naturalist
octopus
porpoise
Portuguese
route
seasickness
Seeds
share (v)
Silk Road
source ( $n$ )
strange
Tropics
Turkey
turtle
until
voyage
wonderful
writer

Unit 5
breathe
exercise ( n )
exercise (v)
important
jogging
keeping fit
muscles
nearly
rowing
scrubbing
shoulder
sneeze
spend (time)
stretching
unwell
volleyball
Unit 6
award
bravery
chase (v)
fix (v)
light bulb
mend
mournful
prey ( $n$ )
repair
save
serious
shadow
shy
spring (v)
yawn (v)

Unit 7
a.m
acrobat
cost ( n )
expect
idea
litter ( n )
packed lunch
seal ( $n$ )
special
spending money
suppose tease (v)

Unit 8
battery powered
chart
chemical
container
cut down on
drip (v)
environment
environment
graph
per cent
plant (v)
pollution
refillable
report
re-usable
solar
survey
throwaway
tram
type ( $n$ )
waste ( n )

Unit 9
astronaut
backwards
controls
Dutch
experience
forwards
gravity
invent
inventor
mathematician
method
painful
pendulum
personal (computer)
power (v)
rise (v)
rooster
rotor
sideways
smash (v)
steam engine
straight up/down

Unit 10
body-building
boil (v)
comfortably
$\operatorname{diet}(\mathrm{n})$
energy
fresh
fried
harm (v)
headache
junk (adj)
massage
normally
overweight
packet
pant (v/n)
plenty
react
relax
relieve
sensible
steamed
stress ( n )
tense (adj)
vitamins
worried

Unit 11
Artic
bamboo
bark ( n )
brain
crane
creature
Crete
drawer
endangered
entertaining
extinct
flamingo
free
ground (v)
habitat
herbs
holiday maker
ivory
jade
jumbo jet
landscape
Mediterranean
pollution
prepare
recently
rediscover
regret
reptile
rhino
scholar
tons
trap
tuna
unusual

Unit 12
adobe
apartment
breeze
Brunei
Dead Sea
flood (v)
Great Britain
greenland houseboat igloo
Lapland merchant
nomad
parlour
reflect
scarce
skis
stilts
Sultan
thirsty
wallet

Unit 13
a bit later bracelet code
diamond
emerald
in spite of
Indian Ocean
iron pyrites
Madagascar
magnificent
message
mine (v)
nightfall
pirates
quantity
raid (v)
rob
silver
skill
treasure
turquoise
value (v)
vase
wreck
Unit 14
(for song) sadine
Antarctic ocean
attack (v)
compared to
edible
enemy
fresh water
jellyfish
spill
squid
sting (v)
swift (adv)
tentacles
threat
unintelligent

Unit 15
asteroid
big numbers
burn (v)
comet
control (v)
crush (v)
drown
earthquake
evidence
flood (n)
fossil
frozen
names of dinosaurs
poison (v)
shock
spike
theory
tidal wave
Unit 16
airy
burrow (v)
chat (v)
disagree
foreign
lark
merry
Olympics
popcorn
rumbly
settle (v)
spots
waterski
will ( n )
wind (v)

Unit 17
agriculture
automatic
beam (v)
computer chip
empty (v)
gigantic
injection
lawn
replace
satellite
uncomfortable
voice-operated
walkway
warning ( n )
Unit 18
(for poem) coax
beef
mail ( n )
mutton
official
patiently
poke ( $n$ )
pop music
retreat (v)
vocabulary

Macmillan Education
Between Towns Road, Oxford OX4 3PP
A division of Macmillan Publishers Limited
Companies and representatives throughout the world
ISBN 978-1-4050-5924-4

Text © Printha Ellis and Mary Bowen 1998 and 2004 Design and illustration @ Macmillan Publishers Limited 1998 and 2004

First published 1998

This edition published 2005
All rights reserved; no part of this publication may be reproduced, stored in a retrieval system, transmitted in any form, or by any means, electronic, mechanical, photocopying, recording, or otherwise, without the prior written permission of the publishers.

The authors and publishers wish to acknowledge, with thanks, the following photographic sources:
Alamy Images pl5 (Creatas, Hemera Ablestock, Eyebyte) p39, p51, p60, p99
Corbis p7 (Comstock Images) p20 (Mattias Kulka), p33(b), p51 (Lester Lefkowitz, Royalty Free), p56 (John Van Hasselt), p60, p69(b) (Werner Forman), p99 (Chris Collins)
Dorling Kindersley p9(1) (Susanna Price), p20 (Dave King), p69
(Marc Henrie, Jane Burton, Tracy Morgan, Dave King, Steve
Gorton) p99 (Dave King)
Empics p33 (DPA)
Frank Lane Picture Agency p76g (photograph Didier Prix/Sunset)
Getty p56(b), p57 (Ministry of Defence), p99 (Time Life)
Image Bank p69
Michael Holford p76a, d
Planet Earth Pictures p84 (photograph Roger de la Harpe, John
Seagrim, Gary Bell, Denise Tackett, Herwarth Voigtmann, Ken
Lucas, Norbert Wa, Linda Pitkin)
Oxford Scientific Film p69
Photodisc p99
Photodisc Blue p99
Photodisc Green p9, p51(b)
Photolibrary.com p99
Powerstock Photo Library p76e
Science Photograph Library p76b, c, f (photograph Victor Hubbick Visions, Arnold Fisher, Roberto de Guglieno) Topics p15(b)
All other photographs are courtesy of Alan Thomas

The authors and Publishers are grateful for permission to reprint the following:
John Foster: 'The Morning Rush' copyright © John Foster 2000 first published in Rhyme Time: Around the Day (Oxford University Press, 2000), reprinted by permission of the author. Beatrice Harrop: 'Apusski Dusky' from Apusskidu (A\&C Black Ltd, 1975), copyright © A\&C Black Limited 1975, 1996), reprinted by permission of the publisher.
The Elephant Song Words by Hans Van Hermert Music by Frank Frenkel and Roger Woddis. Arranged by Job Maarse copyright © Ananas Music, Warner/Chappell Artemis Music, London W6 8BS 1980, reprinted by permission of International Music Publications Ltd and the Estate of Roger Woddis. All Rights Reserved.
Tony Mitton: 'Write-a-rap-rap' copyright © Tony Mitton 2000 first published in The Works edited by Paul Cookson (Macmillan, 2000), reprinted by permission of David Higham Associates Limited.
James Reeves: 'Rabbit and the Lark' from Complete Poems for Children (Heinemann, 1973), copyright © James Reeves Estate 1973, reprinted by permission of Laura Cecil Literary Agency on behalf of the James Reeves Estate.
You Can't Make A Turtle Come Out Words by Malvina Reynolds copyright © Schroder Music Company, assigned to Tro Essex Music Limited of Suite 2.07, Plaza 535 Kings Road, London, SW10 OSZ, reprinted by permission of the publisher. International Copyright Secured. All Rights Reserved. Leon Rosselson: 'Free to Roam' copyright © Leon Rosselson 1987, first published in Animal Songs, Games and Activities edited by Sheena Roberts (A \& C Black, 1987), reprinted by permission of the author.

Thank you to Hazel Barrett, Permission Co-ordinator, Marmillan Oxford and Paulette Dooler, Permission Consultant for all their hard work in obtaining permission to use copyright material for this course.

Although we have tried to trace and contact copyright holders before publication, in some cases this has not been possible. If contacted we will be pleased to rectify any errors or omissions at the earliest opportunity.

Illustrated by Linda Rogers \& Associates.
The authors and publishers wish to thank the following for
permission to use copyright material:
Cover design by Oliver Design
Cover illustration by Pencil and Pepper

Printed and bound in Egypt by Sahara Printing Company

## Mastanead <br> Pupil's Book

Way Ahead is an imaginative, six-level course for primary school children who are learning English as a first foreign language.
The course is reading based, with a strong communicative flavour. The structures and functions of English are taught through a variety of inviting, child-centred activities, which have been carefully graded and are suitable for classes in a variety of cultural backgrounds.

At the lower levels, the books introduce a cast of interesting characters who contextualise the language and make learning fun.

At the upper levels, new language is presented through a series of motivating and informative topics, and the course develops the skills the children need to pursue their studies to a higher level.

This new edition of Way Ahead has been redesigned and updated to attract a new generation of learners. The completely new Practice Books include more exercises, additional handwriting work and more challenging practice tests. The new Story Audio Cassettes offer recorded versions of the Reading for Pleasure pages from the Pupil's Books.

Way Ahead 6 offers:

| Pupil's Book 6 | 9781405059244 | Reader 6B - Gulliver's travels in Lilliput |  |
| :--- | :--- | :--- | :--- |
| Workbook 6 | 9781405059251 |  | 9780333675045 |
| Practice Book 6 | 9781405059299 | Reader 6C - Looking at...our World 9780333772164 |  |
| Pupil's Book Cassette 6 | 9781405059275 | Even more poems to enjoy | 9780333733301 |
| Story Audio Cassette 6 | 9781405059282 | Teacher's Book 6 | 9781405059268 |
| Reader 6A - A Journey to the centre of the Earth | Grammar Games CD-Rom 6 | 9781405062381 |  |

Pupil's Book 6 Workbook 6 Practice Book 6 Story Audio Cassette 6 Reader 6A - A Journey to the centre of the Earth

